FRESCO DE PIÑA

FRESH PINEAPPLE REFRESHER

SERVES 4 - 6

YOU'LL NEED:

- 4 cups cold water
- 4 tablespoons sugar
- 1 pineapple, peeled, cored, cut into small chunks
- 4-6 mint sprigs

TO CREATE:

- Combine the water, sugar, and pineapple chunks in a blender and process to make a smooth drink.
- 2. Serve in glasses half-filled with ice. Garnish with mint sprigs.

FROM THE CHEF:

Depending on the strength of your blender, this recipe will produce a drink containing some pulp or a smooth drink. I use a Vitamix and set it on high to liquefy the pineapple. Either way the drink is delicious.

Drinks containing ice should be sweeter than room-temperature drinks to compensate for the dilution of melting ice.

